

CRUSE BEREAVEMENT SUPPORT - GREENWICH

- Cruse is a leading national charity offering confidential support to individuals affected by bereavement, with a branch in Greenwich
- Telephone advice and information
- One-off face-to-face assessment sessions
- Ongoing face-to-face support
- Home visits and telephone support for those unable to attend in person
- Bereavement walks and social groups
- Email support
- Run a service called 'Hope Again' tailored to young people

PHONE - 020 8850 0505

NATIONAL HELPLINE - 0808 808 1677

EMAIL - greenwich@cruse.org.uk

WEBSITE -

<https://www.cruse.org.uk>

GREENWICH & BEXLEY BEREAVEMENT HELP POINT

- Provides emotional support to individuals grieving a death
- Offers practical guidance on steps after a death (such as funeral arrangements)
- Refers individuals to local bereavement charities, counselling services or support groups if needed
- Supports families, individuals and sometimes schools or workplaces coping with loss
- Acts as a first point of contact for bereavement help

PHONE - 020 8320 5833

WEBSITE - <https://www.gbbereavement.org>

LEWISHAM AND GREENWICH NHS TRUST - BEREAVEMENT SERVICES

- Available at University Hospital Lewisham and Queen Elizabeth Hospital
- Support with death registration, funeral arrangements and paperwork
- Emotional support for families, including maternity and child loss
- Chaplaincy and spiritual support for all faiths
- Annual memorial services to remember loved ones

LEWISHAM HOSPITAL - 020 8333 3431

QUEEN ELIZABETH HOSPITAL - 020 8836 4662

WEBSITE -

<https://www.lewishamandgreenwich.nhs.uk/bereavement-services>

we're **kind** we're **fair** we **listen** we **care**



Bereavement

Greenwich Mental Health
Support Resources



LIVE WELL GREENWICH

- Offers a free, confidential helpline
- Able to connect individuals to appropriate bereavement services or support

PHONE - 0800 470 4831

REFERRAL FORM ON THIS PAGE -

<https://livewellgreenwich.org.uk/contact/>

WEBSITE - <https://livewellgreenwich.org.uk/>

MORE RESOURCES

SOUTH EAST LONDON SUICIDE BEREAVEMENT SERVICE

- Supports people in the boroughs of Greenwich, Bexley, Bromley, Lambeth, Lewisham and Southwark who have lost someone to suicide
- Offers practical support such as help with funeral arrangements
- Offers emotional support throughout the grieving process
- Able to signpost to other services that may be helpful
- Available to any age group
- Support team includes suicide bereavement support worker, community chaplains and bereavement counsellors

PHONE - 07933 393 397

**EMAIL - To access this service, please
download the referral form on the website and
send it to: suicidebereavement@selmind.org.uk**

**WEBSITE - [https://slam.nhs.uk/suicide-
bereavement-service](https://slam.nhs.uk/suicide-bereavement-service)**



GREENWICH AND BEXLEY COMMUNITY HOSPICE

- Supports anyone in Greenwich or Bexley who has experienced bereavement, not just those whose loved ones were in hospice
- One-to-one counselling
- Support for families
- Practical advice and guidance
- Support groups and sessions
- Signposting to other support services
- Compassionate Neighbours - a volunteer-led programme providing companionship and social support

PHONE - 020 8320 5811

EMAIL - counselling@gbch.org.uk

WEBSITE -

**[https://communityhospice.org.uk/care-and-
support/facing-a-bereavement/bereavement-
support/](https://communityhospice.org.uk/care-and-support/facing-a-bereavement/bereavement-support/)**

