

**MEN'S ADVICE LINE,
RUN BY RESPECT
CHARITY - LONDON**

- Run by respect, a UK charity supporting people affected by domestic abuse
- Confidential helpline for men experiencing domestic abuse from a partner or ex-partner (in heterosexual and same-sex relationships)
- Offers emotional support, practical advice and information on housing, child contact and legal options
- Provides email and webchat support alongside phone helpline
- Helps men recognise abuse, plan for safety, and access local services
- Open to male victims whether the abuse is physical, emotional, sexual, or financial
- Based in London but offers UK-wide support

PHONE - 0808 801 0327

EMAIL - info@mensadviceline.org.uk

**WEBSITE -
<https://www.mensadviceline.org.uk/>**

**GREENWICH DOMESTIC VIOLENCE &
ABUSE SERVICES**

- Referrals and advice
- Community outreach services - provide men and women with confidential practical and emotional outreach support in their own home or in a safe place in the community
- Sanctuary scheme - helps women to remain in their own homes by installing additional security
- The freedom programme - a group workshop which focuses on domestic abuse awareness and self-esteem
- Refuges - provide a safe haven for women and their children escaping domestic abuse

ADVICE LINE - 0208 317 8273

WEBSITE - <https://www.gdva.org.uk/>

SOLACE WOMEN'S AID - LONDON

- Free helpline and email support for immediate advice and assistance.
- Safe refuge accommodation spaces for women and children fleeing abuse.
- Specialist counselling for survivors of abuse.
- Rape Crisis Services: support for survivors of sexual violence, including a dedicated helpline.
- Support tailored for younger survivors of abuse.

GENERAL ENQUIRIES -0207 619 1350

ADVICE LINE - 0808 802 5565

RAPE CRISIS HELPLINE- 0808 801 0305

EMAIL - advice@solacewomensaid.org

WEBSITE - www.solacewomensaid.org

we're **kind** we're **fair** we **listen** we **care**



Domestic Abuse

Greenwich Mental Health
Support Resources

 **Greenwich**
Mental Health Hub

RESPOND - LONDON

- A charity based in London, dedicated to supporting individuals with learning disabilities, autism, or both, who have experienced abuse.
- Specialist psychotherapy for individuals who have experienced trauma and abuse.
- Assistance for individuals experiencing domestic abuse, including risk assessments and safety planning.

PHONE - 020 7383 0700

EMAIL; - admin@respond.org.uk

WEBSITE - www.respond.org.uk

MORE RESOURCES

HOPSCOTCH - LONDON

- A charity dedicated to supporting women, particularly from Black and Minority Ethnic (BME) communities.
- Assistance for women experiencing domestic violence, including advocacy and guidance.
- Support in navigating welfare systems and accessing benefits.
- Programs to enhance employability and assist in job searches.
- Support & advocacy for refugee women
- Specialized services for older women and programs aimed at supporting young women.

PHONE - 020 7388 8198

EMAIL - dv1@hopscotchuk.org

WEBSITE - www.hopscotchuk.org

HER CENTRE - GREENWICH

- Free support for women and girls experiencing domestic abuse, sexual violence or exploitation
- One-to-one advocacy and practical support
- Legal and housing advice
- Counselling and emotional support
- Weekly drop-in sessions for advice and referrals
- Specialist support for young women, stalking and sexual abuse
- Training, ESOL (English) classes and community outreach
- Support to rebuild confidence and independence

PHONE - 020 3260 7772

EMAIL - info@hercentre.org

WEBSITE - <https://hercentre.org>

